



# South Wales Orienteering Club Welsh Championship Weekend

## 14<sup>th</sup> & 15<sup>th</sup> February 2009



### Saturday 14th February 2009

#### Welsh Championships and Ranking Regional Event

|                          |  |   |  |
|--------------------------|--|---|--|
| <b>Venue and Terrain</b> | Wentwood, South Wales, (Good access from all southern England and close to the Severn Bridge). <a href="#">ST422948</a> . Wentwood is a mostly runnable mixed woodland, which has improved with age and used successfully during the 2008 Croeso. The area comprises of a steep ridge running from southwest to northeast with some great areas of mature woodland. The area will be seen at its best during mid February. |   |  |
| <b>Map</b>               | New map for Croeso 2008, with some updates during late 2008  |   |  |
| <b>Courses</b>           | M/W10A/B-M/W16A/B, M/W18L/S-M/W70L/S, M75L/S, W75, M/W80, White, Yellow, Orange and Light Green. A free String course will also be provided.   |   |  |
| <b>Start times</b>       | Starts 12:00 to 14:00 Courses close 16:00  |   |  |
| <b>Fees</b>              | Pre-entry: Seniors BOF £8.00. Non BOF £10.00. Juniors/Students £3.50 to 31 January 2009. Internet entries <a href="http://www.fabian4.co.uk">www.fabian4.co.uk</a><br>Manual entries on SEF to Nigel Ferrand, 11 Southcourt Road, Penylan, Cardiff CF23 9DA by 31 January 2009. <b>Please try and enter on-line.</b>   |   |  |
|                          | Late entry (subject to map availability): +£2 for seniors after 31 January 2009.   | <b>Entry on the day for Regional event will be very limited and subject to map availability</b> | Colour-coded: prices as above. On line entry encouraged to ensure map available. No late entry surcharge for colour-coded. |
| <b>E-Punching</b>        | SportIdent will be used on all courses. Hire cost £1.00. (Lost SI cards charged at £30).   |   |  |
| <b>Welsh Champs</b>      | For eligibility criteria for Welsh championships see relevant link on <a href="http://www.woa.org.uk">www.woa.org.uk</a><br>When entering online please mark your country code as CYM if you are eligible for the Welsh Championship (and ENG, SCO, NI or leave blank if not).   |   |  |
| <b>Officials</b>         | Organiser: Nyal Meredith (SWOC) 029 20 843178. Planner: Kevin Bush (SWOC). Controller: Mark Dyer (BOK).  |   |  |
| <b>Other details</b>     | See website <a href="http://www.swoc.org.uk">www.swoc.org.uk</a>   |   |  |

### Sunday 15th February 2009

#### Welsh Short Open championships

|                          |  |
|--------------------------|--|
| <b>Venue and Terrain</b> | Park Penallta, Ystrad Mynach. <a href="#">ST139956</a> About 15 minutes north of the M4 at Cardiff<br>Park Penallta is a reclaimed coal mining area with a large mix of natural and manmade features, including the largest earth sculpture in the UK, making it an ideal location for a short race. Route choice will be the key to a successful run. The area, whilst very varied and interesting is not very technical. |
| <b>Map</b>               | Newly mapped during 2008.  |
| <b>Courses</b>           | Two courses will be available, the Welsh Short Open Championship course with an estimated winning time for an M21 of 20 minutes and an easier, non-championship, orange standard course suitable for the younger juniors and novices.  |
| <b>Start times</b>       | From 10.00 to 12.00.   |
| <b>Fees</b>              | Pre-entry: Seniors BOF £5.00, Non BOF £7.00. Juniors/Students £3.00. SI card hire £1 (if lost £30). Late entry +£2 for seniors after 31 January 2008. No surcharge for Orange.   |
| <b>Eligibility</b>       | Open to everyone. Handicap used to determine the Welsh Short Open Champion. See website for details <a href="http://www.swoc.org.uk">www.swoc.org.uk</a>   |
| <b>Officials</b>         | Planner: Nigel Ferrand (SWOC). Controller: Pete Colbert (SWOC).  |
| <b>Other details</b>     | See website <a href="http://www.swoc.org.uk">www.swoc.org.uk</a>   |